

Appendix 1

Progress on Actions Sept 2023

Key Tasks	Start date	End date	Status (green on track/completed; amber delayed, red – at risk as external partners not engaged; grey – start date falls outside this reporting quarter)
1. Develop and implement a CYP engagement plan to gain insights into participation in and attitudes to peer led social activities; and what would constitute a good offer of activities	Jan 2023	Sept 2023	On Track
2. Map existing opportunities and groups within Bracknell Forest for CYP and include in the community map- mapping under the 5 ways to wellbeing headings this includes get active and get creative	Jan 2023	March 2023	Complete
3. Work with local community organisations and CYP to develop a network that builds on the current assets/offer	Oct 2023	March 2025	On track Scoping completed CYP 90 assets uploaded -gaps identified
4. Undertake a review of the usage of the public health Thrive and Healthier Together webpages and using the information develop a survey and focus groups to improve the reach and experience of the user group	Jan 2023	March 2024	Delayed -work on going with completion date Sept 2024 to align with Healthy Schools (whole school approach)
5. Review current MHST model which uses CYP undergoing therapy to support others who might need support and build on this to include a wider network of peer led health and wellbeing support	April 2023	March 2025	On track A peer support group piloted - findings to be presented at next emotional health network (Nov 2023) prior to CYP Board
6. Review the reach (engagement) with current 0-5 year parent groups identifying what is working well, barriers in accessing the groups, identify gaps in provision.	Jan 2024	June 2024	
7. Review training offer and participation in parenting, emotional and mental health, breastfeeding and weaning courses	Feb 2023	Dec 2023	On track Offer review and courses promoted ,collecting data on participation
8. Conduct a baseline review of CYP services for inclusivity, in particular with regards to gender (male parent), neurodiversity and disability	April 2024	Sept 2024	
9. Review refreshed local transformation plan to include actions relevant to delivering outcomes	TBC	TBC	Awaiting plan
10. Map and publish all available services that provide emotional health and wellbeing early mental health support (health commissioned, council commissioned services	Aug 2022	Nov 2022	Complete

and voluntary and community sector) for families with SEND and analyse gaps to inform commissioning needs.			
11. Use behavioural insights to identify key risk factors in Bracknell Forest among those that have lived experience and professionals to support development of prevention plan	Jan 2024	Oct 2024	
12. Review and promote uptake of training programmes for early identification of eating disorders and timely referrals from all settings	Jan 22	Ongoing	OnTrack offer expanded to all staff – data on number of staff trained collected for local programmes
13. Review current support that enables recovery for those suffering from eating disorders with those with lived experience and take appropriate actions to ensure appropriate recovery services are available in the community	Oct 2024	TBC	
14. Co-produce a holistic and place-based approach to responding to self-harm that is consistent with the forthcoming NICE (National Institute of Clinical Excellence) guidance	Nov 2022	December 2023	On track – report received and plan to be developed after presentation to CYP Board
15. Review the draft pan-Berkshire multiagency self-harm toolkit and adapt to Bracknell Forest based on local insights	Dec 2023	April 2024	Due to Staff changes in West Berks awaiting toolkit
16. Continue to develop and embed the MHST Wave 5 and 6 programmes' of learning and implementing the Early Evaluation of the Children and Young People's Mental Health Trailblazer Programme July 2021 across all schools	Dec 2022	Ongoing	On track 16 schools are supported and whole school approach package and training webinars available to all schools
17. Use the learning from the happiness hub (adult mental health community network) model to establish a CYP mental health network	Jan 2024	Dec 2024	
18. Monitor and report Local transformation plans/strategies for reviewing referral pathways, triaging, risk-management panels and signposting to services across the system <ul style="list-style-type: none"> • Improving GP Access to Early Help • Review referral pathways, triaging, risk-management panels and signposting to services across the system • Review pathways for same day Urgent Care • Providers to flow ROMs as part of NHSE reporting • Berkshire Healthcare Foundation Trust to flow ROMS • Voluntary Sector to flow to ROMS 	Ongoing	On going	Local transformation meets every quarter Mapping tool of adult mental health – low level emotional health and inequalities Adult and Children Mental health strategy draft ready – presentation to Board in Dec meeting
19. Implement the delivery plan and evaluate a 'front door' aimed at children and young people to find appropriate services for low level emotional wellbeing and mental health (TBC as per ICS LTP refresh)	TBA	TBA	

20. Conduct a rapid desktop review of frameworks/standards used in mental health pledges and mental health promoting organisations, gain insights from local organisations and employees on pledge content to design a bespoke Bracknell Forest Pledge and support required to implement it.	Nov 22	Dec 23	Delayed – partially scoped but now aligned to the Workplace Healthy Alliance workstream
21. Commission an external provider to develop a bespoke mental health awareness training to be offered to customer facing staff including Retail staff, Library Staff, Parks staff, Housing staff, Museum and Leisure staff.	Sept 2022	Jan 2023	On track and on going
22. Mapping of current reach of lifestyle services to people living with emotional and mental health issues and conditions	Sept 2023	March 2024	On Track Plan for equity audit – data quality improvement plan in place
23. Work with local organisations and communities to increase the offer and spread of accessible and diverse social activities e.g., groups, volunteering, coffee mornings, befriending, support groups to enable opportunities for social connections	Oct 2022	Ongoing With quarterly monitoring	On track as part of community map, social prescribing activity and Happiness Hub
24. Include voluntary and community sector organisations MECC (Making Every Contact Count) module to increase all customer facing organisations to signpost and refer clients appropriate to service	Sept 2022	July 2024	
25. Increase use of Bracknell Forest Green spaces through green volunteering programme, walks, outdoor activities.			On Track – data reported every quarter
26. Increase use of libraries and other adult learning places	October 2022	On going	Piloted during winter – 5 ways to wellbeing in Libraries as part of winter Hubs Further promotion during Sept planned -marked amber as data collection in progress
27. Engage with users and stakeholders to understand the barriers to accessing/using the Google Map and how they would like to see the map developed	June 2022	Aug 2022	Complete
28. Run a focus group with community map assets to understand partnership working and support	Aug 2022	Sept 2022	Complete _presented last Board meeting
29. Launch new improved community map to increase it's awareness and usage across Bracknell Forest	Oct 2022	Nov 2022	Complete -presented at last board meeting
30. Replace the current paper-based and manual system to a fully integrated digital solution	May 22		Complete

31. Work with statutory, voluntary and community sector organisations to raise awareness of the service and encourage appropriate referrals	July 2022	ongoing	Complete
32. Relaunch and promote the social prescribing service to residents through various channels	Nov 2022	On going	On track
33. Create a network of health and wellbeing service practitioners to enable shared learning and collaborative practice	June 2022	Ongoing	Regular meetings as part of Happiness Hub, SP meetings
34. Work with East Berkshire Hub and UKHSA lead on a framework/plan for a local wider outbreak management plan	Dec 2023	July	Work on going – dependent on national and local changes
35. In collaboration with NHSE/OHID screening leads review current quality and uptake of national screening programmes in Bracknell Forest to identify and plan for quality improvements and targeted work in areas/communities of low uptake	Jan 2023	Sept 2022	Monitored through re-established Health Protection Forum –Data requested to present at next Board meeting
36. Produce reports on uptake of national immunisation programme showing uptake by GP or ward level to identify any variation in uptake of childhood and other adult vaccinations (flu, covid, pneumococcal)	TBC	TBC	Health protection plan across E Berkshire
37. Review engagement and communications during Covid and produce lessons learnt report	Jan 2023	April 2024	On track Findings from survey and from Covid enquiry
38. Continue to work with NHS infection control team and Council Public Protection Team to review and improve infection risk and improve good practice in high risk settings	On -going	Dec 2026	On going
39. Provide assurance to the Health and Wellbeing Board on adverse weather planning	Jan 2023	Dec 2026	Winter planning by NHS on Sept Board agenda Adverse weather plan Dec Board
40. Review the implementation of the NICE guidance on reducing health harm from cold homes in Bracknell Forest and make recommendations	June 2024	Sept 2024	
41. Develop and implement a plan to mitigate the long term impacts of COVID	Dec 2022	Dec 2023	Survey completed and findings being shared with various teams. Innovation funding allocated. Further actions being developed post survey findings.
42. Conduct a rapid evidence review including grey literature and good practice to recommend evidence-based practice/methods for increasing health literacy and self care	Jan 2024	March 2024	
42. Map current CVD prevention programmes and evaluate the effectiveness of the programmes to identify good practice that can be rolled out across the borough	Dec 2022	On going	This is done as part of ICS CVD prevention work with Medical Director
43. Adapt and implement the ICS CVD prevention plans at place	Jan 2022	Dec 2023	Complete – monitored as part of the ICS living well programme
44. Undertake health equity audit of CVD primary and secondary prevention services to inform targeted action on CVD and diabetes prevention and management	Dec 2022	July 2023	

45. Review commissioning and performance of NHS health checks and make recommendations for improvement	Dec 2022	Sept 2023	Delayed – Audit was moved to start date after winter on request of primary care Audit underway with report expected end on October
46. Co-produce plans for prevention of uptake of nicotine containing products and increase in number of people that access and successfully quit smoking	Dec 2022	Sept 2023	Delay Smoking sidelines project complete Vaping in children work underway Data quality improvement in progress Target groups to reduce inequalities identified Based on finding from all above , the Berkshire Tobacco control plan local action plan to be updated October 2023
47. Develop innovative solutions to support people with unhealthy weights to achieve and maintain health weights	January	July 2024	
48. Review and evaluate the current weight management services and establish a weight management pathway based on NICE guidance (CG189 updated 2022)	Mar 2023	March 2024	Evaluation of tier 2 weight management services completed. Initial meetings convened by ICS - awaiting timeframes and plans from ICS
49. Map current physical activity offer for all ages and diverse communities, identify gaps and develop a physical activity pathway in accordance with NICE public health guidance to enable all residents including people with mobility and sensory difficulties to meet the CMO guidelines on physical activity	Oct 2022	Dec 2023	On track Gaps identified, system map in progress, external evaluation of some of the programmes under way
50. Develop a plan based on whole system approach agreement to change the key environmental issues in Bracknell to create healthy environment enabling healthy choices	July 2022	July 2023	Awaiting final report due to illness of external researcher – expected October Strategic actions agreed and action plans drafted
51. Develop a plan for the Council and the local NHS to be exemplar healthy workplaces and extend the learning to local businesses	Nov 2022	July 2024	BFC Healthy workplace Alliance established